

# Regional comparison of vascular volume measured on CT with ventilation defect percent on hyperpolarized helium-3 MRI in asthma D. Mummy<sup>1</sup>, F.N. Rahaghi<sup>2</sup>, W. Zha<sup>3</sup>, J. Ross<sup>2</sup>, <sup>4</sup>L.C. Denlinger, N.N. Jarjour<sup>4</sup>, R. San José Estépar<sup>2</sup>, G.R. Washko<sup>2</sup>, S.B. Fain<sup>1,3</sup>

#### Introduction

- Asthma: an obstructive lung disease characterized by chronic, partially reversible airway obstruction.
- Ventilation defects have been observed in asthma patients using the distribution of hyperpolarized helium-3 (HP <sup>3</sup>He) MRI and quantified as a local marker of airway obstruction using the segmental ventilation defect percent (SVDP). [1]
- Vasculature can be modeled from CT based on the automatic extraction of the lung intraparenchymal vasculature with scale-space particles. [2]



*Figure.* Example from HP-MRI of typical ventilation defect (left, arrow) compared to healthy lung (right).

### Establishing regional associations of airway obstruction with vascular **volume** is of interest in characterizing the temporospatial patterns of ventilation/perfusion matching in asthma.

#### **Materials and Methods**

Population Demographics				
Total N	= 26			
Gender	8M 18F			
Age	$50.2 \pm 12.0$ years			
Asthma Severity	5 mild (19.2%) 4 moderate (15.4%) 17 severe (65.4%)			

### CT, HP <sup>3</sup>He MRI, Proton MRI of the lungs performed on all 26 asthma subjects

Imaging performed under stable conditions (subjects excluded if within 6 weeks of asthma exacerbation or respiratory complications).

Imaging performed after administration of bronchodilator (albuterol).

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### Materials and Methods (cont.)

# **Segmental Ventilation Defect Percent (SVDP)**

SVDP = <u>Segmental Ventilation Defect Volume (HP <sup>3</sup>He MRI)</u> <u>Segment Volume</u> · 100%



**Figure.** Identification of segmental volumes on CT in (a) allows for axial segment mask shown in (b) [3]. This mask can be overlaid on HP <sup>3</sup>He MRI image (c) to identify spatial distribution of ventilation defects and calculate segmental VDP (SVDP). RB2-3 are segments of RUL, RB4-5 of RML, and RB6 of RLL; LB3-5 are segments of LUL, LB6 and LB8 of LLL. Note spatial overlap of prominent ventilation defect (red arrows) with segment LB8.

# **Segmental Small-Vessel Percent**



Vasculature is extracted from CT using scale-space particles [2]. Example mask is shown at left, colorcoded by lung segment.

Vessel mask was then restricted to small vessels (lumen area  $< 5 \text{ mm}^2$ ) to reflect vasculature most closely associated with regions of gas exchange

Small-vessel vasculature percent was calculated by dividing the **small-vessel volume** by **segmental** volume:

Small–vessel Segmental Vasculature Volume · 100% **Segment Volume** 

Figure. Example of 3D vasculature mask in right lung derived from CT [3], color-coded by lung segment

# **Statistical Model**

Correlation between SVDP and segmental small-vessel percent was determined using the Spearman's rank correlation coefficient.

A linear mixed-effects model was used to model segmental small-vessel percent with SVDP, body-mass index (BMI), age, gender, and segment ID as fixed effects, and subject ID as a random effect

![](_page_0_Picture_34.jpeg)

# Results

Median [first quartile, third quarti **SVDP:** 1.3 [0.0, 6.0] Segmental small-vessel percent: 9.0 [7.8,

# **Spearman Correlation**

![](_page_0_Figure_39.jpeg)

Figure. Scatterplot (above) illustrating correlation between segmental ventilation percent (SVDP) and segmental small-vessel vasculature percent (Spearman's r = -0.15, p 0.00078).

> SVDP was negatively correlated with small-vessel percent (Spearman's r =-0.15, p = 0.00078). In the linear mixed-effects model, greater SVDP was associated with reduced segmental small-vessel percent (p=0.001).

# **Discussion and Conclusion**

Regional ventilation and perfusion are physiologically interrelated, with changes in one often prompting a homeostatic response in the other [4]. These preliminary results suggest that multimodal functional imaging may provide a means of assessing spatially correlated measures of both ventilation and small-vessel volume.

This technique could provide useful insights into patterns of small-vessel heterogeneity in the context of temporospatial characteristics of ventilation defects in asthma.

In a population of asthmatic subjects, SVDP on HP<sup>3</sup>He MRI was negatively associated with small vessel volume percent for the same segmental volume on CT.

Further research in this area will explore the use of SVDP and small vessel volume as a possible surrogate measure of ventilation/perfusion matching in asthma.

# References

- [1] Thomen et al. *Radiology* 2014.
- [2] Estépar et al. AJRCCM 2013.
- [3] VIDA Diagnostics, Coralville, IA.
- [4] Widmaier et al., *Vander's Human Physiology*, 13ed p466

## Acknowledgements

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![](_page_0_Picture_57.jpeg)

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ile]:	Line	ar Mix	ed Effect	ts Model	
	<b>Parameter Estimates</b>				
10.3]	Outcome: Segmental small-vessel percent				
	Parameter	Value	Std. Error	p-value	
	VDP	-0.018	0.0056	0.0010	
1	BMI	-0.059	0.043	0.18	
	Age	-0.0019	0.017	0.91	
	Sex	1.01	0.50	0.058	
	LB3	-0.58	0.26	0.023	
	LB4	-1.2	0.25	< 0.0001	
	LB5	-2.68	0.25	< 0.0001	
	LB8	-1.8	0.25	< 0.0001	
	LB9	-0.94	0.25	< 0.001	
	LB10	-0.92	0.25	< 0.001	
	RB1	0.67	0.25	0.0090	
	RB2	0.92	0.25	< 0.001	
neoative	RB5	-1.8	0.26	< 0.0001	
defect	RB6	0.63	0.25	0.013	
_	RB7	-1.1	0.25	< 0.0001	
n -					

Reference segment is LB1. Segments not shown had p-values > 0.05.

![](_page_0_Picture_63.jpeg)

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